**How We Spend Our Day at the Children’s Centers (sample curriculum)**

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| **Month** | **Themes** | **Science** | **Nutrition** | **Social & Emotional** |
| August | Welcome to School  All About Me and Family | Body Senses | Melons | Feelings and Friendships |
| September | My Family, My Community | Machine/tools-  Mechanical Things | Apples | Empathy Training |
| October | My Five Senses | Geology | Pumpkins | Empathy Training |
| November | Seasons | Health/Nutrition | Kiwi | Empathy Training |
| December | Open | Open | Dried Fruit | Empathy Training |
| January | Animals, Sea Life, and Dinosaurs | Physical Science | Mandarin | Emotion Management |
| February | Construction Zone  Outer Space | Weather | Broccoli | Emotion Management |
| March | In the City, In the Country | Insects, creepy  crawlies | Spinach | Problem Solving |
| April | Let’s Move | Growing Things | Carrots | Problem Solving |
| May | Growing and Changing  Life Cycles | Water | Strawberry | Problem Solving |
| June &  KinderCamp | Ready for Kindergarten! |  | Peach | Review |

The above is a sample of monthly themes for the Children’s Centers. These may be modified from year to year.